



WHISPERING



WISDOM

August 6, 2021

Weekly News Magazine of the NV Life Core Team



HUMOR

Marketing Head
Product - Sleep App



Proof of effectiveness of upcoming Sleep App



Market Research Intern
Product - Sleep App

$f(x) = A + B + C + D + E$



SUFFERING = LACK + TENDENCY + PATTERN + TRIGGER + SYMPTOM

Always struggling on the surface level; but is the key to wisdom

Can wreck havoc anytime anywhere. You don't see this coming!

Keeps repeating herself - literally & figuratively

Will cope with any lack triggered, survivor's syndrome

Will always perceive the world upside down

Is always in suffering because of his LTP & LOS aka his Team

NV'S Loop of Suffering



UNSTABLE EMOTION

Is always found to be crying and making everyone around her unstable including self



BELIEF

Is tacitly supporting and containing the unstable emotion. Will manifest repeatedly



EGO

Is a master survivor and will cope with anything thrown her way. Beware of it, for, it may soon blast



Health is the function of well-being
and well-being is the reflection of
authenticity.

To be authentic is to be spiritual.

- Naveen Varshneya

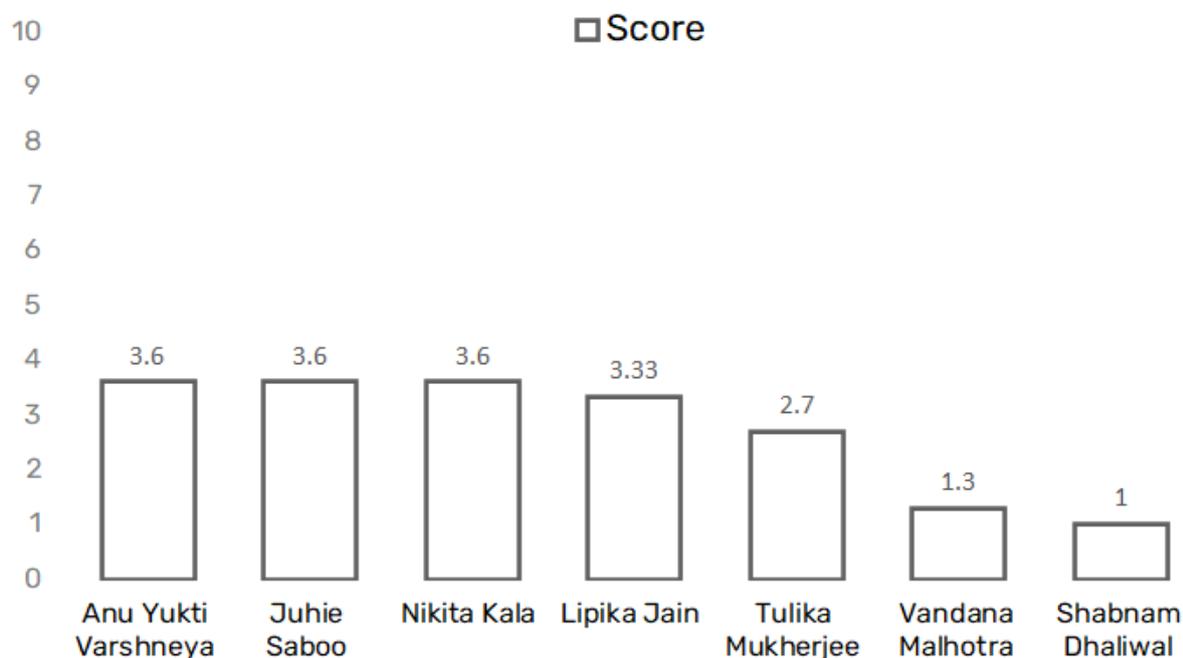
Research & Insights

Any negative emotions which come to you during
any 3 pahars - 6am to 9am, 9am to 12pm, 12pm to
3pm:

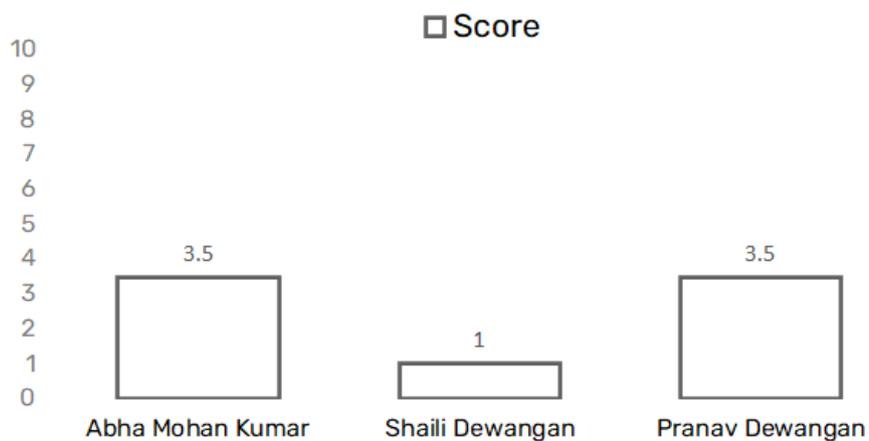
If you stay in awareness of that emotion and
continue to breathe it, you will automatically arrive
at pain in the pahar of 3pm to 6pm, which is the
pahar of consolidation.

Snippets from the Sleep App.

Core team's vibratory level of the week



Extended team's vibratory level of the week



Consolidation of Turning In as a Team

Insights

We stumbled upon the ongoing frequency of insolence in a few of us. Through the flowchart we were able to understand its correlation to fear of abandonment leading to a search for support in the form of harsh treatment.

Achievement

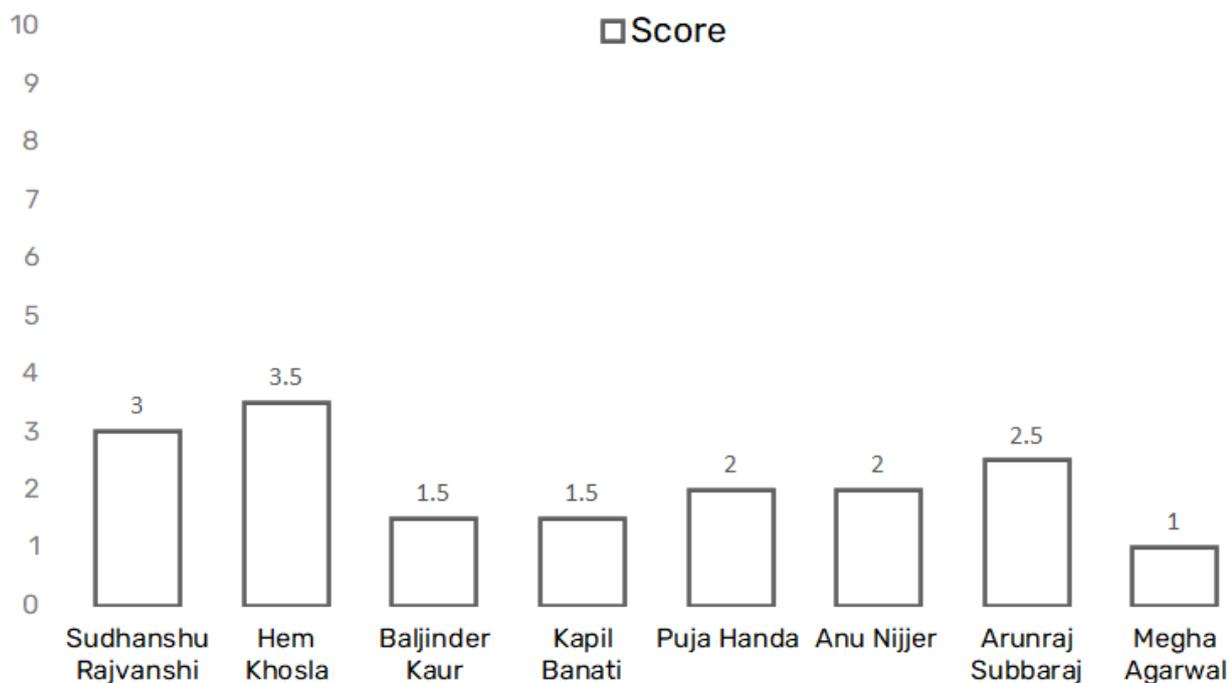
We wrapped up a phenomenal session of Chetna. Today we stand with a vision of a world class product.

Learning

1. Conducting a report reading session for students
2. Difference between nurturing and desperation
3. Decoding OCD behind need to excel
4. Technique implementation getting better



Interns' vibratory level of the week



Our Interns have been evaluated on the basis of performance and work done on themselves. This was their Week 2 of hands-on working alongside the team, as they find their footing with the team and vice versa.

1. Organizational Development

Content Production and Program Delivery structural changes and refinement

2. Marketing

'Hope' and 'Curiosity' in the spirit of "I am understood" - shall be the foundation of the brand strategy - decided upon in a brainstorming session with the Founder and Brand communication strategist

3. Programs

- TP enrolment closure within set timeline (delay of 12 hours)
- TP 4.0 closure and batch graduation

4. Production

- Research, delving into Dreams & Nightmares
- Part 1 recording completed, reviewed, and timelines set for re-recording sections of it



kyā ukhāadnā hai



1. Production

Close
Production of
Cure

2. Marketing

- Close Tattva as the one-stop digital media agency
- Brand identity kit creation

3. Technology

Finalize SaaS-based
solution provider for
Website

4. Interface

Sleep app - user
flow to be ready

5. Programs

- Chetna energies to be opened
- TP 8.0 enrollments closed and program to be initiated



andhera
kayal
rahe

**The seat of dark
this week goes to Shaili!**

Refuses to work on her
pattern of feeling timid
/small and attracts
suffering in accordance
with her belief - 'I am
insignificant'

When will the tiger within
her awaken?



Major Decision

An incisive and thought-through team restructuring was done to bring vibrancy back to the team.

A lot of the decisions will also help us ground the work we have done so far.

This change of palette should lead to enhancing the flavor of our delivery in the upcoming months.

